



stretching, yoga exercises

## Walking and painting

### *Combination week*

*You like an active holiday, adventure and good food.*

**We offer the perfect combination.**

In the mornings we will walk, with a guide.

After breakfast we gather and the guide will tell you which tour we'll be walking this morning. The location where we all stay is located in nature park "Koppány Volgye" and in this park are very beautiful hiking routes, set out by our guide. Short and long walks. In this week only the short ones will apply (+/- 8 to 12 km). Before departure we will do some stretching, yoga exercises, good to warm up the muscles a bit.

A delicious lunch will be served when we get back home. Together we enjoy lunch and after that we have some time to relax (siesta). Just do what you feel like, for example; swim, relax, read or just do nothing on one of the sun beds by the pool.

In the afternoon, at 3 o'clock we gather for *the creative part* in the studio, the old wagon shed. Here are all the materials that we may need this week. Use of all tools, acrylic paint, brushes, easels, mosaic stones and like such are included. Painters surfaces such as linen, cotton, paper, panel, are exclusive and for a reasonable price to purchase. Annerie explains the choices during the first lesson. You can choose; intuitive painting, sculpturing soapstone, mosaics, landscape painting. The only thing you may bring is "guts".

Experience in painting, sculpting or otherwise is not necessary. It's about having fun in creating. Before we start, you can join in with a small meditation for relaxation and "emptying" the head.

Afterwards, tired but satisfied we will enjoy dinner together around half past seven. Our dinners are fresh and well cared for! The bar will already be opened for a nice cold drink before that.

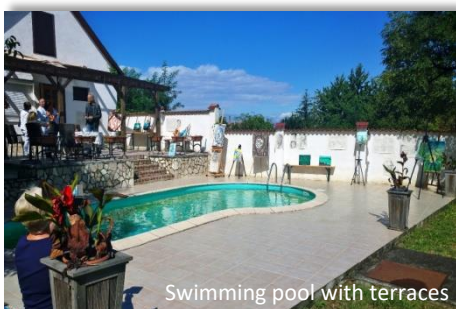
Are you enthusiastic too? And would you like to join this beautiful unique trip? Please follow this link to our online booking form ([choose option C1 or C2](#))



Diner



The studio with glass sliding doors



Swimming pool with terraces



The price for 2019 is now **£ 620**  
(€ 695,-)

**Including:**

- All overnight stays in 2-person room
- All meals at home (breakfast, lunch, dinner)
- Transport in Hungary during the holidays
- Transfers Budapest if we book your flight ticket
- Coffee, tea, mineral water
- Energy and cleaning costs
- Use of pool from May to September
- English speaking guide
- Creative workshops by artist Annerie Mol
- Acrylic paint, brushes, pastel, watercolor, sketch paper
- A final exhibition and Hungarian evening



**Exclusive:**

- Expenses made by restaurant visits, excursion.
- Personal expenses
- Drinks in (mini) bar, like (soda's, beer, wine, etc.)
- Single room (surcharge £ 109 )
- Flight ticket (estimated at £ 88 )
- Check baggage (estimated at £ 35 )
- Booking costs £ 18-
- Tourist tax £ 0.88 p.p.p.d.
- Guarantee fund contribution £ 13.20 (€ 15,-)



**Artventures:**

Kanaaldijk 30-1, 2741 PA Waddinxveen, The Netherlands  
Tel: +31 6 33308232  
Mail: [info@artventures.nl](mailto:info@artventures.nl)